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Urban District Council of Budleigh Salterton



ANNUAL REPORT
OF THE
MEDICAL OFFICER OF HEALTH
FOR THE YEAR
1972

I N D E X.

Central Office,
Station Road,
Bulwell, Nottingham.

August 1973.

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BUDLEIGH SALTERTON URBAN DISTRICT COUNCIL.

Council Offices,
Station Road,
Budleigh Salterton.

August 1973.

Mr. Chairman, Ladies and Gentlemen,

I have much pleasure in presenting to you my Annual Report for the year ending 31st December 1972. Paragraphs 12 - 19 have been kindly provided by the Surveyor and Public Health Inspector, Mr. P.M. Walsh.

Summarising the vital statistics for this District, it will be noted that 33 live births were registered, the same as the previous year and the standardised Live Birth Rate of 15.1 was just a little above the rate for England and Wales. Both the Still Birth Rate and the Infant Mortality rate were nil.

Regarding the death rate, 79 persons died during the year which is 11 fewer than in 1971. The rate when standardised was 7.1 compared with 12.1 for England and Wales. The average age at death was Males 75.6 and Females 79.8, compared with the ages for the Country as a whole, (Females 75.2 and Males 69.2). As in previous years the commonest causes of death were heart disease, cerebral haemorrhage and cancer, the latter being the lowest rate for the last 10 years.

It is particularly gratifying to note that only one case of Infectious Disease was notified, that being a case of Measles. This unpleasant and dangerous disease has now been practically eliminated from the community by the routine vaccination of all infants against the disease.

At the present time, protective inoculations are routinely given against the following diseases:-

Diphtheria, Whooping Cough, Tetanus, Measles, Tuberculosis and in the case of girls - German Measles.

In conclusion I would like to thank all members of the Council and the staff for their interest and co-operation given to me during the year.

I have the honour to be
Your Obedient Servant,

L. G. ANDERSON.

Medical Officer of Health.

S T A F F.

MEDICAL OFFICER OF HEALTH.

Dr. L. G. Anderson, M.D., Ch.B., D.P.H.,

SURVEYOR & PUBLIC HEALTH INSPECTOR.

P. M. Walsh, A.F.S., (Mun)., C.R.S.H.

DEPUTY SURVEYOR & PUBLIC HEALTH INSPECTOR.

J.E. Miller, M.B.E., E.D., M.A.P.H.I.



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1. STATISTICS OF THE AREA.

Area in Acres	1,018
Resident population mid-year 1972	4,160
Number of inhabited dwellings (31st March 1972)	1,874
Rateable Value.	£279,931
Estimated product of a penny rate.	£2,728.00

2. VITAL STATISTICS.(a) Live Births.

	Males	Females	Total
Legitimate	17	13	30
Illegitimate	1	2	3
Total	18	15	33

Live Birth rate per 1,000 estimated population	7.9
Standardised live birth rate per 1,000 estimated resident population	15.1
Live birth rate per 1,000 estimated civilian population England and Wales	14.8

(b) Still Births.

There were no still births during the year 1972.

Still birth rate per 1,000 total live and still births	-
Still birth rate per 1,000 total live and still births England and Wales	12.0

(c) Deaths.

Males	Females	Total
38	41	79

Corrected death rate per 1,000 estimated resident population	18.8
Standardised death rate per 1,000 estimated resident population	7.1
Death rate per 1,000 civilian population, England and Wales.	12.1

(d) Infant Mortality.

No infants under the age of one year died in the district during 1972.

The infant mortality rate per 1,000 live births for England and Wales was 12.

3. LIVE BIRTH RATE (rate per 1,000 estimated resident population).

During 1972, 18 boys and 15 girls, a total of 33 babies were born, which is the same as last year.

The following table shows the live birth rate during the last ten years -

	1963	1964	1965	1966	1967	1968	1969	1970	1971	1972
Budleigh Salterton	11.6	9.3	11.2	9.5	7.0	7.8	8.3.	8.3	7.9	7.9
Standardised	21.2	16.7	16.0	16.9	12.7	12.5	13.4	13.5	12.7	15.1
England and Wales	18.2	18.4	18.0	17.0	17.2	16.9	16.3	16.0	16.0	14.8

4. ILLEGITIMATE BIRTH RATE.

Of the 33 births during the year, three were illegitimate. The rate per 1,000 live births was 90.9. The illegitimate birth rate during the last ten years is as follows -

1963	1964	1965	1966	1967	1968	1969	1970	1971	1972
93.0	85.3	-	27.9	74.0	32.2	90.9	-	90.9	90.9

5. STILL BIRTHS.

There were no still births registered during the year 1972. The still birth rate for England and Wales as a whole was 12.0.

6. INFANT MORTALITY.

No babies under the age of one year died in Budleigh Salterton in 1972.

7. DEATHS.

During the year, 79 persons normally resident in the district died 38 males and 41 females, 11 less than the previous year. This represents a death rate of 18.8, but when allowances are made for age and sex distribution, represents a standardised rate of 7.1. This is lower than the rate for England and Wales, 12.1.

The following table shows the corrected death rate and the standardised death rate for Budleigh Salterton during the last ten years. -

	1963	1964	1965	1966	1967	1968	1969	1970	1971	1972
Corrected	18.9	19.1	27.0	21.2	23.8	22.7	27.5	23.6	21.6	18.8
Standardised	9.2	8.8	13.0	10.1	10.9	10.9	12.1	10.9	9.9	7.1
England & Wales	12.2	11.3	11.5	11.7	11.8	11.9	11.9	11.7	11.6	12.1

CAUSES OF DEATH.

The following table shows the causes of death (data supplied by The Registrar General).

	Male	Female	Total
Malignant Neoplasm, (Cancer)	2	-	2
Stomach	2	1	3
Intestine	1	2	3
Lung, Bronchus	-	1	1
Breast			
Other Malignant Neoplasms	1	2	3
Chronic Rheumatic Heart Disease	1	-	1
Hypertensive Disease	1	1	2
Ischaemic Heart Disease	11	16	27
Other forms of Heart Disease.	2	2	4
Cerebrovascular Disease	11	14	25
Other Diseases of Circulatory System	3	-	3
Pneumonia	2	1	3
Peptic Ulcer	1	-	1
All other Accidents.	-	1	1
Total	38	41	79

DEATHS.(a) Causes of Death.

As in previous years, the most prevalent causes of death were diseases of the heart, 34 cases, (43%), cerebrovascular diseases were the cause of 25 deaths (32%) and cancer caused 12 deaths (15%).

(b) Age at Death.

	1963	1964	1965	1966	1967	1968	1969	1970	1971	1972
Males	62.6	64.5	67.1	76.2	75.8	75.2	75.0	76.2	77.4	75.6
Females	75.1	75.4	76.1	77.2	78.3	81.7	80.0	77.8	81.0	79.8
England & Wales	M	68.0	68.8	88.9	69.0	69.1	69.1	69.1	69.1	69.2
	F	73.9	74.5	74.7	75.0	75.1	75.1	75.1	75.1	-

The following table shows the incidence of deaths in various age groups. (From returns supplied by the Local Registrar of Births and Deaths.)

	Males	Females	Total	Percentage
Under 1 year	-	-	-	-
1-4 years	-	-	-	-
5-14 years	-	-	-	-
15-24 years	1	-	1	1.3
25-34 years	-	-	-	-
35-44 years	-	-	-	-
45-54 years	-	-	-	-
55-64 years	5	3	8	10.1
65-74 years	12	6	18	22.8
75 and over	20	32	52	65.8
Total	38	41	79	

CANCER.

During the year 12 cases of death from cancer were recorded. The various parts of the body affected are shown below :

Site	Males	Females	Total
Stomach	2	-	2
Intestine	2	1	3
Lung, Bronchus	1	2	3
Breast	-	1	1
All Other Sites	1	2	3
TOTAL	6	6	12

The incidence of Deaths from Cancer during the last ten years is as follows:-

	1963	1964	1965	1966	1967	1968	1969	1970	1971	1972
Males	8	2	11	6	13	11	17	11	10	6
Females	4	11	8	9	7	3	10	8	13	6
Total	12	13	19	15	20	14	27	19	23	12
Rate per 1000.	3.7	3.4	5.0	4.0	5.1	3.5	6.6	4.9	5.5	2.8

INFECTIOUS DISEASES.

The incidence (numbers notified) of infectious diseases in the district in the last ten years is shown below:-

	1963	1964	1965	1966	1967	1968	1969	1970	1971	1972
Measles	23	-	7	2	89	4	-	-	-	1
Whooping Cough	7	-	-	-	-	-	-	-	-	-
Scarlet Fever	4	1	-	-	1	-	-	-	-	-
Pneumonia	5	2	-	1	-	-	-	-	-	-
Sonnei Dysentery	-	-	-	-	1	-	-	1	-	-

TUBERCULOSIS.

No cases of tuberculosis were notified in the district in 1972.

As in the past several years, the majority of children aged 13 years were protected against the disease by vaccination with B.C.G. vaccine.

NATIONAL HEALTH SERVICES ACT.

The Health Services provided under Parts II and III of the National Health Service Act applicable to your District are briefly set out below:-

PART II.1. Hospital Facilities.

General. - The Urban District is well served by the Budleigh Salterton Cottage Hospital, Telephone 2020, where there is accommodation for :-

Males	8 beds	General	2 beds
Females	8 beds	Amenity	1 bed
	Private	2 beds	

In addition to the above, the following hospitals are used :-

- (a) The Royal Devon & Exeter Hospital, Southernhay East, Exeter. Telephone - 59261 - 302 beds
- (b) The Royal Devon & Exeter Hospital, Southernhay East, Exeter. Telephone 77991 - 240 beds
- (c) Redhills Hospital, St. Thomas, Exeter. Telephone - 76481 - 139 beds
- (d) Exmouth Hospital, Claremont Grove, Exmouth. Telephone - 4381 - 45 beds
- (e) Princess Elizabeth Hospital, Wonford Road, Exeter. Telephone - 54217 - 111 beds
- (f) West of England Eye Infirmary, Magdalen Street, Exeter. Telephone - 73183 - 62 beds

The plastic surgery clinic for Devon is held at the Royal Devon and Exeter Hospital on the second Thursday morning of every month. Mr. Pigott, Mr. Routledge and Mr. Bodenham of the South West Regional Hospital Board attend.

Maternity.

- (a) Exeter City Hospital, Heavitree Road, Exeter. Special Care Baby Unit - 49 beds - 31 cots
- (b) Mowbray Maternity Hospital, Heavitree, Exeter. - 24 beds - 20 cots

Isolation.

Cases of Infectious Diseases may be admitted to the Isolation Hospital, Whipton, Exeter, Telephone 67158, as in previous years, when necessary.

Smallpox.

Cases of smallpox or suspected smallpox will be admitted to the Smallpox Isolation Hospital at Liskeard, Cornwall. Consultants who may be called upon to assist in the diagnosis of smallpox are:-

East Devon - Dr. E.J.G. Wallace,
Health Centre, Westham Road,
Weymouth, Dorset.

Cornwall & Devon to River Exe :

Dr. W.H. St. John Brooke,
West Cornwall Hospital,
Penzance, Cornwall.

2. Laboratory Facilities.

Bacteriological and serological examinations are carried out at the Public Health Laboratories, Church Lane, Exeter, Telephone 77833 under the direction of Dr. B. Moore, whose ready co-operation and help I wish to acknowledge.

3. Venereal Disease.

Free advice and treatment is available to all persons at the following centre :-

	<u>Males</u>	<u>Females</u>
Royal Devon & Exeter Hospital	Monday 7- 8 p.m. Friday 2- 3 p.m.	Monday 6 - 7 p.m. Friday 3.- 4 p.m.

4. Ambulance Facilities.

Three ambulances are maintained at the Ambulance Station, Bastin Hall, Elm Grove, Exmouth. All are equipped with radio telephone communication systems.

In the district served, the ambulances have carried 4,656 patients, and have attended 48 street accidents. The total mileage covered during the year was 61,550.

Part III.

Care of Mothers and Children.

Miss B. Sheerman, 1 Garden Court Road, Budleigh Salterton is the Health Visitor assigned to this District, Tel. 2213.

The Child Health Clinic is held every Friday afternoon and the Ante Natal Clinic each Monday afternoon. Both Clinics are held at the Health Centre, 1 The Lawn and attended by general practitioners.

During 1972, the following attendances were made:

Sessions Held	Total attendances by infants 0 - 1	Total attendances by children 1 - 5
50	542 (new cases - 100)	500 (new cases - 115)

Maternity.

There is one district nurse/midwife in this district, Nurse Powlesland, Burnside, Halse Lane, Tel. 3274.

Care of Premature Infants.

When necessary, arrangements can be made for the admission of a premature baby and its mother to the nearest maternity unit, the Exeter City Hospital, where there are 31 cots for babies.

Water Supply.

The water supply in this district is under the control of the East Devon Water Board.

All domestic properties are connected to the main water supply and 37 new properties were connected during the year.

The Water Board took 198 samples of water for bacteriological examination from various sources within the district and all proved satisfactory.

Rodent control.

During the year 60 properties were inspected as a result of complaints or survey under the Act. Of these, 37 premises were found to be infested with rats and 3 with mice and were treated accordingly. 93 rats were destroyed.

All Council properties, including the refuse tip, are inspected and treated as required.

There is no evidence that any of the sewers harbour rats.

Drainage and Sewerage.

Sewerage for disposal is discharged into the sea between one hour after high water and one hour before low water. These conditions are maintained by an electrically operated tidal time switch.

House Refuse.

House refuse is collected weekly from all premises within the area with additional collections made from certain trade premises for which a special charge is made.

Refuse is collected in a Karrier Musketeer continuous loading vehicle which has now been in operation for nearly two years and has proved satisfactory.

Refuse is disposed of at a controlled tip at South Farm Road where a tractor is employed to spread a covering of earth over the refuse immediately it is tipped.

Housing.

During 1972, 18 houses and 13 flats were built by private enterprise. These comprised 4 x 4 bedroom, 12 x 3 bedroom and 2 x 2 bedroom houses and 12 x 2 bedroom and 1 x 3 bedroom flats.

The remaining 4 of the single bedroom flats at Greenway Lane were completed and occupied as were 2 x 2 bedroom houses.

A total of 722 defects in Council properties were dealt with by direct labour.

Food.

(i) The number and type of premises coming within the scope of the Food Hygiene Regulations is as follows:-

Bakehouses	2
Butchers	3
Catering Establishments	9
Confectioners	3
Dairies	1
Fishmongers	1
Greengrocers	4
Hotels and Guest Houses	10
Public Houses	4
Wholesale Stores	1

(ii) The number of premises registered under Section 16 of The Sale of Food & Drugs Act is :-

Ice Cream	15
Other Foods	3

(iii) During the year 74 visits were made to food premises and any necessary advice given. The standard of hygiene in such premises is generally good.

(iv) Food condemned and voluntarily surrendered amounted to the following :-

2 tins Fruit Juice
15 tins Fruit
1 tin Vegetables

The total weight of this food amounted to $22\frac{1}{2}$ lbs.

Close liaison is kept with a large wholesale warehouse which has a very large throughput of tinned and perishable foods and frequent visits are made and consignments examined which results in unsound food being detected before it is offered for sale to the public.

The following complaints were received regarding the quality and/or condition of food purchased:-

1. A mouldy sausage roll.
2. A coin in a jar of peanut butter.
3. A small sliver of wood in a jar of laxative compound.
4. An unusual sediment in a bottle of lime juice.

For various reasons no prosecutions were undertaken but in each case the manufacturers were most helpful and co-operative in trying to trace the cause of the defect and to prevent its recurrence.

Any unsound food is disposed of by burial at the Council's refuse tip.

(v) There are no premises within the Urban District used for the manufacture of ice cream, and therefore, coming within the Ice Cream (Heat Treatment) Regulations.

Offices, Shops and Railway Premises Act 1965.

A total of 148 visits were made under this Act and the statistics relating to the work are as follows:-

Registration and General Inspections.

Class of Premises.	Number of Premises newly registered during the year.	Total Number of Registered Premises at end of the Year.	Number of Premises Receiving General Inspection.
Offices	3	21	5
Retail Shops	2	39	15
Wholesale Shops, Warehouses.	1	3	1
Catering Establishments open to the Public, Canteens.	1	9	4
Fuel Storage Depots.	-	-	-
Totals	7	72	25

Analysis of Persons Employed in Registered Premises by Workplace.

Class of Workplace	Number of Persons Employed
Offices	141
Retail Shops	124
Wholesale Warehouses	93
Catering Establishments	35
Fuel Storage Depots	-
Total	393
Total Males	180
Total Females	213

No applications for exemptions under Section 46 of the Act were received.

Three accidents were reported, all of them classified under the heading "Fall of persons".

Advice and verbal instructions were given in a number of cases but it was not found necessary to commence any legal proceedings.

Factories Act 1961.

1. Inspections for the purpose of provisions as to health
(including inspections made by the Public Health Inspector)

Premises (1)	Number on Register (2)	Number of		
		Inspections (3)	Written Notices (4)	Occupiers Prosecuted (5)
i. Factories in which Sections 1, 2, 3 & 6 are to be enforced by Local Authorities.	1	2	-	-
ii. Factories not included in (i) in which Section 7 is enforced by Local Authorities.		12	-	-
iii. Other premises in which Section 7 is enforced by the Local Authority. (excluding out- workers premises)	-	-	-	-
Totals.	13	14	-	-

2. Cases in which defects were found.

No defects were found.

Outworkers, Sections 133 and 134.

No outworkers were notified as being employed in the district
during the year.

